

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## **Ilze Crous**

Has successfully participated & completed the

10km Hazeldean Farm Run 2016

held at Cowhouse Market.

**TIME** 01:02:30

**PACE** 06:15/km

**OVERALL** 10 of 67

16 December 2016, Fri

Date

**GENDER** 5 of 43

**50 - 59** 1 of 12

